

RIVER EXE REGATTA 2025

19th - 20th July

Tides:

Saturday 19th July	HW 13:35 3.0m
Sunday 20th July	HW 14 :47 3.0m

1. Organising Authority

The organising authority for this event is Starcross Yacht Club.

2. Disclaimer of Liability

Competitors participate in Starcross YC racing events entirely at their own risk - see RRS 4, Decision to Race. Starcross YC will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after a SYC racing event.

The safety of the boat and her entire management including insurance shall be the sole responsibility of the owner/competitor who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race. Neither the establishment of this Notice of Race and Sailing Instructions, nor the inspection of the boat under these conditions in any way limits or reduces the absolute responsibility of the owner/competitor for his/her crew, his/her boat and its management.

By taking part in the event, each competitor agrees and acknowledges that:

- a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

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- they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) the provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) it is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

3. Safety

Rule 40.1 shall apply at all times whilst afloat - each competitor shall wear a personal flotation device except briefly while changing or adjusting clothing or personal equipment. Wetsuits and drysuits are not personal flotation devices.

When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.

A boat that retires or does not start shall notify an official boat as soon as possible.

If necessary, for safety reasons, boats may be secured and the helm and crew taken aboard a committee or other designated boat until such time as they and/or their boat can be returned to shore.

4. Entry and eligibility

The Exe Regatta dinghy racing is open to:

 monohull dinghies with an RYA PY handicap between 790 (RS 800 or equivalent) and equal or less than 1445 (Tera Sport or equivalent)

Entries can only be made for a single rig where boats have multiple rig options, which must be specified by competitors on the entry form.

Entry for the Junior prizes within each fleet are open to people under 18 on the 1st September 2025. Parents or Guardians must sign a declaration giving permission to enter.

Each participating boat shall be insured with valid third-party liability insurance with a minimum third party cover of £3,000,000. When entering online competitors are deemed to have accepted this requirement.

Entries should be made online using the link found on the Starcross Yacht Club website with entries planned to be open 2 weeks before the event. Entry will close the earlier of 2300 on Thursday 17July 2025 and when 80 Exe Regatta entries have been received.

Competitors and / or their Guardians automatically grant to the organising Authority (and any party to which they may delegate this right), without payment the right in perpetuity to make, use and show (including via the internet), any motion pictures, still pictures, live, taped or filmed television, or any other form of media, of or relating to the Exe Regatta.

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Entry to the Exe Regatta is free of charge.

5. Race fleets

Separate race series will be held for each of the following fleets:

Slow handicap	All monohulls with PY between 1155 and 1445	
Medium handicap	handicap All monohulls with PY between 1028 and 1154	
Fast handicap	All monohulls with PY between 790 and 1027	

6. Measurement

Each competitor is responsible for ensuring that their boat complies with class rules and regulations. The Race Officers or the Sailing Officers may request an inspection of a boat at any time.

Boats are permitted to use sails carrying a distinguishing number other than that under which the boat is registered, with the following constraints:

- a. It is not permitted to use a distinguishing number which is already being used by a boat of the same class in the race.
- b. The boat must enter via the entry form using the sail number that will be used in the races

Sail numbers are not required on spinnakers. This changes the respective RRS rule.

7. Racing Area

The racing area shall be on the River Exe in the vicinity of Lympstone Sailing Club and Starcross Sailing Club.

Racing will take place across two course areas:

- Course A: Slow handicap , Medium handicap
- Course B: Fast handicap

Racing will be started from separate Committee Boats for Course A and Course B.

- The Committee boat for course A will display an orange flag when on station
- The Committee boat for course B will display a blue flag when on station

8. Race Schedule

The race schedule will be as follows:

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Medium handicap, Slow handicap

Saturday 19th	Race 1	Medium Handicap	1230
		Slow handicap	1233
	Race 2	Medium handicap	back-to-back
		Slow handicap	back-to-back

Sunday 20th	Race 1	Medium handicap	1330
		Slow handicap	1333
	Race 2	Medium handicap	back-to-back
		Slow handicap	back-to-back

Fast handicap

Saturday 19th	Race 1	Fast handicap	1230
	Race 2	Fast handicap	back-to-back

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Sunday 20th	Race 1	Fast handicap	1330
	Race 2	Fast handicap	back-to-back

9. Prize giving

Prize giving will take place at Starcross Yacht Club after racing on Sunday.

10. Advertising

Advertising on boats, sails and clothing is permitted in accordance with the World Sailing Advertising Code (Regulation 20).

Boats shall display specific event advertising supplied by the River Exe Regatta if requested in an amendment to the Sailing Instructions. If this instruction is broken, World Sailing Regulation 20.9.2 applies.

11. Further Information

Organising Committee contact: please contact the race committee using the link on the River Exe Regatta website.

Further information on the regatta arrangements can be found on the Exe Regatta website and Starcross Yacht Club website.

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