

# EXE REGATTA 2023

## NOTICE OF RACE

### Dinghy / Catamaran Racing

**Saturday 8th - Sunday 9th July 2023**

Tides: Saturday 8th July HW Exmouth 11:22 BST 3.7m

Sunday 9th July HW Exmouth 12:07 BST 3.5m

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## 1. Rules

The organising authority for this aspect of the Exe Regatta is Starcross Yacht Club.

The club racing will be governed by the rules as defined in **The Racing Rules of Sailing (RRS) - 2021-2024**. [ref 1]

The national prescriptions of the RYA (from 1 January 2021) will also apply.

Changes to the racing rules will be indicated in the relevant instructions to which they apply.  
Changes to the RRS in the Sailing Instructions are only valid if they comply with rule 86.1(a).

## 2. Disclaimer of Liability

Competitors participate in Starcross YC racing events entirely at their own risk - see RRS 4, Decision to Race. The organising authority (Starcross YC) will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after a SYC racing event.

The safety of the boat and her entire management including insurance shall be the sole responsibility of the owner/competitor who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race. Neither the establishment of this Notice of Race and Sailing Instructions, nor the inspection of the boat under these conditions in any way limits or reduces the absolute responsibility of the owner/competitor for his/her crew, his/her boat and its management.

By taking part in the event, each competitor agrees and acknowledges that:

- (a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) the provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) it is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

### **3. Sailing Instructions**

Sailing Instructions for each fleet will be available on the regatta website no later than 23 June 2023.

### **4. Communications**

Notices will be posted on the [Starcross YC website](#) up until 22:00 on the day before it will take effect. Notices to competitors will also be posted on the official notice board located at Starcross YC.

### **5. Safety**

Rule 40.1 shall apply at all times whilst afloat - each competitor shall wear a personal flotation device except briefly while changing or adjusting clothing or personal equipment. Wetsuits and drysuits are not personal flotation devices.

Please note that visitors who are not members of one of the Exe Estuary clubs must launch from Starcross Yacht Club.

All competitors shall Sign Out before going afloat from their host club. They shall also Sign In within 30 minutes of landing at their host club after racing. Each host club is responsible for their own Signing In/Out procedure.

When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore. If necessary, for safety reasons, boats may be secured and the helm and crew taken aboard a committee or other designated boat until such time as they/their boat can be returned to shore.

A boat that retires or does not start shall notify an official boat as soon as possible.

Code flag L: when displayed afloat this means 'come within hailing distance or follow this boat'.

When Code Flag L is displayed on the Committee Boat accompanied by a single sound signal, competitors shall complete their race and proceed to the leeward side of the committee boat and follow instructions given. Instructions may be verbal or written on a board. When displayed ashore this means 'a notice to competitors has been posted'.

## 6. Entry and Eligibility

The regatta is open to all monohull dinghies with a RYA PY handicap between 790 and 1450, and Catamarans with a current published RYA PN.

The Junior fleet races are open to helms aged under 18 on the day of the event sailing in boats within a PN range of 1150 to 1450.

**Entries must be made online using the [Exe Regatta website](#) , which will have a link to the SYC website.**

**Online entry closes at 10pm on Friday 7th September 2023.**

Entries can only be made for a single rig where boats have multiple rig options.

The regatta will not be subject to competitor classification restriction (i.e. competitors may be amateur, professional or semi-professional sailors).

Each participating boat shall be insured with valid third-party liability insurance with a minimum third party cover of £3,000,000. When entering online competitors are deemed to have accepted this insurance requirement.

All helms under the 18 years of age during the event shall submit a signed Parent/Guardian Declaration by email to [vcommodore@starcrossyc.org.uk](mailto:vcommodore@starcrossyc.org.uk) or deliver it physically to the race office at Starcross YC.

Competitors and / or their Guardians (unless explicitly not granted on the consent form) automatically grant to the organising Authority (and any party to which they may delegate this right), without payment the right in perpetuity to make, use and show (including via the internet), any motion pictures, still pictures, live, taped or filmed television, or any other form of media, of or relating to the Exe Regatta.

The Exe Regatta is free to enter.

## 7. Measurement

Each competitor is responsible for ensuring that their boat complies with class rules and regulations. The Race Officers or the Sailing Officers may request an inspection of a boat at any time.

Boats are permitted to use sails carrying a distinguishing number other than that under which the boat is registered (as required by RRS Appendix G), with the following constraints:

- It is not permitted to use a distinguishing number which is already being used by a boat of the same class in the race.
- The sail number to be used for the regatta must be clearly reported when entering the race.

Sail numbers are not required on spinnakers. This changes RRS Appendix G,1,1 and G.1.3 (d)

## 8. Race Schedule

There will be a race briefing at SYC 45 mins before the first start of the day. Briefing material will be made available on the [Regatta Website](#).

Competitor questions before the date of the event can be directed to the [Exe Regatta PRO](#).

Competitors will be divided into the following fleets:

Fleet 1	Fast Handicap Fleet	All dinghies with an RYA PY less than 1029 .
Fleet 2	Slow Handicap Fleet	All dinghies with an RYA PY of 1029 or greater.
Fleet 3	Junior Fleet	Dinghies with a RYA PY of greater or equal to 1150 and less than 1450 with all crew being under 18 years old during the event.
Fleet 4	Catamaran Fleet	All catamarans with a published PN

All fleets will be racing on handicap with average lap scoring - slower boats in each fleet may be finished after fewer laps than faster boats.

The race schedule will be as follows:

<b>Saturday 8th</b>	<b>Race 1</b>	<b>Fast Handicap Fleet</b>	<b>10:00</b>
		<i>remaining fleets start at 3 minute intervals</i>	
	<b>Race 2</b>	<b>Fast Handicap Fleet</b>	shortly after the completion of Race 1
		<i>remaining fleets start at 3 minute intervals</i>	
<b>Sunday 9th</b>	<b>Race 3</b>	<b>Fast Handicap Fleet</b>	<b>10:30</b>
		<i>remaining fleets start at 3 minute intervals</i>	
	<b>Race 4</b>	<b>Fast Handicap Fleet</b>	shortly after the completion of Race 3
		<i>remaining fleets start at 3 minute intervals</i>	

## 9. Racing Area and Courses

The racing area shall be on the River Exe in the area between Lypstone SC and Starcross YC, from Buoy 20 down to Buoy 18. In some wind conditions, the Catamaran courses could be set beyond these Buoys. Any changes to the racing area will be communicated as described in Section 4, no later than 22:00 on the day before the race.

The estuary courses for each fleet will be determined on each day of the event and communicated to competitors as described in the Sailing Instructions.

## 10. Scoring

The low point scoring system of RRS Appendix A will apply.

One race is required to be completed to constitute a series. If four races are sailed, the worst result for each competitor will not be included in the series scoring.

## 11. Prizes

The prize giving will take place at Lypstone Sailing Club on Sunday 4th from 18:00 - subject to any protest hearings having been completed.

The following series prizes will be awarded (subject to eligible entries):

Fast Handicap	1st, 2nd and 3rd overall
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Slow Handicap	1st, 2nd and 3rd overall
Junior Fleet	1st, 2nd and 3rd overall
Hurricane	1st, 2nd and 3rd + 1st Junior
Dart 18	1st

## 12 Official Boats

All patrol boats assisting with the safety of the event will display a 'Patrol' flag of black lettering on an orange background. Other official boats such as the photographer and VIP launches will not display a flag.

## 13 Support Boats

Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the warning signal for the first fleet start until all boats have finished or retired or the Race Officers signals a postponement, general recall or abandonment.

## 14 Advertising

Advertising on boats, sails and clothing is permitted in accordance with the World Sailing Advertising Code [Regulation 20].

Boats shall display specific event advertising supplied by Exe Regatta if requested in an amendment to the Sailing Instructions. If this instruction is broken, World Sailing Regulation 20.9.2 applies.

## 15 Trash Disposal

Litter may be placed aboard patrol or official boats.

## 16 Radio Communications

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## 17 Further Information

Organising Committee contact: [ROBIN CHARLES](#)

Principal Race Officer: [COLIN LEE](#)

Further information on the regatta arrangements can be found on the [REGATTA WEBSITE](#).