

**Exmouth HT 0611 BST 3.4m; LT 1221 0.6m; HT 1839 3.6m**

- 1 Rules** This is a Portsmouth Yardstick race for cruisers  
Racing will be governed by World Sailing's Racing Rules of Sailing and by any special provisions of these Sailing Instructions
- 2 Start Line** The start line will be the line from the main mast of the stationary start boat, which will be flying Flag R, and the Exe Safe Water Mark.
- 3 Starting Procedure** The starting procedure will be as per ISAF Rule 26, Amended as below

**The warning signal is scheduled for 08:55hrs**

The class flag for a single combined start will Topsham Sailing Club Pennant  
If there are too many entries for a combined start then numeral signal pennants 1,2,3 etc will be used  
(Entrants to be advised more than 24 hours before the race)

Intended Preparatory Signal **Flag P**

Penalty for starting early amended by Regulation 28. 1.5(b) WS Rule DR21 – 01 option 2  
When a boat is over the start line (OCS), after the preparatory signal but before the start signal,  
she shall receive the following scoring penalty  
- 30 minutes will be added to their elapsed time.

No boats may return to the start line. There will be no recalls other than if the race is abandoned

- 4 Marks.** The following are the marks of the course;

Exe Safe-Water (ESW) mark,

Straight Pt sewer (SP) buoy,

Danger Zone South (DZS) buoy,

Teignmouth Sewer Outfall (TO) buoy

- 5 Course.** Will be triangular and depending on wind direction on the day to be announced by both letter flag and radio 30 and 10 minutes before

**Course Green (clockwise) from Start Line. (All marks left to Starboard)**

**DZS - TO - ESW - SP – DZS**

**OR**

**Course Red (anticlockwise) from start Line (All marks left to port)**

**TO – DZS – ESW – DZS - SP**

**6 Finish Line**

The finish line will be the line from the Exe Safe-water Buoy, 25m long and perpendicular to the bearing from the previous mark

(Course Green anticlockwise **leave the finish mark to starboard**). (Course Red clockwise **leave the finish mark to port**).

- 7 Timing** Please take your own time and note the boat ahead and astern (if visible). This information is to be passed to the race office by 20:00 on the day of the race. Any competitor who fails to submit a time will be recorded as 'Did Not Finish'. By giving a finish time competitors are deemed to have declared that they have sailed in accordance with these sailing instructions. Email as address below

[commodore@topsham-sc.org.uk](mailto:commodore@topsham-sc.org.uk)

- 8 Time Limit** will be such that a boat's corrected time does not exceed 5 hours.

For guidance, some Portsmouth Numbers are listed below with their appropriate Time Limit

PY.	Time limit
900	4.5 hrs
1000	5.0 hrs
1100	5.5 hrs
1200	6.0 hrs
1300	6.5 hrs

**9 Shortening Course**

If the lead boat takes more than 3hrs to reach the Exe Safe water mark having rounded both TO and DZS on either course the race shall be shortened at that mark with finish times recorded when boats break the line 25m long and perpendicular to the bearing from the previous mark. Please make a note of the boats ahead and behind you.

Boats shall wait by the mark to ensure subsequent boats are aware the race has been shortened.

- 10 Radios** Channel 06 will be used for boat-to-boat communication